

8TH ŠABAC OPEN

SUNDAY 29TH MARCH 2020

POOMSAE

“A” class - Categories and rules

Individual (m&f)	Age	Grade	Compulsory poomsae
Children	8 - 11 y 2009 - 2012	4th GEUP and higher	Taegeuk 2,3, 4, 5, 6,7,8 Koryo
Cadets	12 - 14 y 2006 - 2008	1st POOM and higher	Taegeuk 3, 4, 5, 6,7, 8 Jang, Koryo, Keumgang
Juniors	15 - 17 y 2003 - 2005	1st POOM and higher	Taegeuk 4,5, 6,7,8 Jang Koryo, Keumgang, Taebeck
Seniors 1	18 - 30 y 1990-2002	1st DAN and higher	Taegeuk 6,7,8 Jang Koryo, Keumgang, Taebeck, Pyongwon, Shipjin
Seniors 2	31 - 40 y 1980- 1989	1st DAN and higher	Taegeuk 4,5, 6,7,8 Jang Koryo, Keumgang, Taebeck
Master 1	41 - 50 y 1970 - 1979	1st DAN and higher	Taegeuk 8 Jang Koryo, Keumgang, Taebeck, Pyongwon, Shipjin, Jitae, Chonkwon
Master 2	50 y + 1969+	1st DAN and higher	Koryo, Keumgang, Taebeck, Pyongwon Shipjin, Jitae, Chonkwon, Chonkwon, Hansu
Pairs and teams (m&f)	Age	Grade	Compulsory poomsae
Children	8 - 11 y 2009 - 2012	4th GEUP and higher	Taegeuk 4, 5, 6, 7, 8 Jang
Cadets	12 - 14 y 2006 - 2008	1st POOM and higher	Taegeuk 4, 5, 6, 7, 8 Jang Koryo, Keumgang
Juniors	15 - 17 y 2003 - 2005	1st POOM and higher	Taegeuk 4, 5, 6, 7, 8 Jang Koryo, Keumgang, Taebeck
Pair/Team 1	18 - 30 y 1990 - 2002	1st DAN and higher	Taegeuk 6, 7, 8 Jang Koryo, Keumgang, Taebeck, Pyongwon, Shipjin
Pair/Team 2	31 y + -1989	1st DAN and higher	Taegeuk 8 Jang Koryo, Keumgang, Taebeck, Pyongwon, Shipjin, Jitae, Chonkwon

“B” class - Categories and rules

Individual (m&f)	Age	Grade	Poomsae
Children 1	7 y 2013 -	2, 1 Geup 4, 3 Geup 6, 5 Geup 8, 7 Geup	Teaguk 7, 8 Jang Teaguk 5, 6 Jang Teaguk 3, 4 Jang Teaguk 1, 2 Jang
Children 2	8 - 11 y 2009 - 2012		
Cadet 1	12 - 14 y 2006 - 2008		
Junior 1	15 - 17 y 2003 - 2005		
Seniors 1	18 - 30 y 1990 - 2002		
Seniors 2	31 - 40 y 1980 - 1989		
Master 1	41 - 50 y 1970 - 1979		
Master 2	51 - 60 y 1960 - 1969		
Pairs and teams (m&f)	Age	Grade	Poomsae
Children 2	8 - 11 y.o. 2009 - 2012	4, 3, 2, 1 Geup 8, 7, 6, 5 Geup	Teaguk 5, 6, 7, 8 Jang Teaguk 1, 2, 3, 4 Jang
Cadet 1	12 - 14 y 2006 - 2008		
Junior 1	15 - 17 y 2003 - 2005		
Seniors 1	18 - 30 y 1990 - 2002		
Seniors 2	31 - 40 y 1980 - 1989		

Draw:

The Poomsae draw will be performed by the competition board on Wednesday 26th March and will be published immediately on the registrations site www.tkd-reg.com on the right hand side of the event under 'Draw sheets'.